

WHAT THE ALUMNI SAY...

My past training taught me much, as did the CAPP classes and readings. However, it was the in-depth, one to one supervision that gave me a new understanding of my patients, the therapeutic process, and especially myself in the process. It was and is invaluable in understanding the true nature of the healing process.

-Michael Haines, Ph.D.

The hardest part of being a child therapists is being able to understand and tune into the child's parents. This program addressed that in many different ways that inform my work each day. In addition I often find that I see a developmental strain or arrest as it appears in a child patient during one treatment hour and then in the next I see an adult patient who never resolved a similar issue.

-Kaye Bock, M.S.W.

I highly recommend the CAPP program to those mental health professionals who are sincere in their desire to help children and their families. The training I received has been invaluable in my current practice with children and with adults.

-Patricia Kitchin, M.S.W., R.N., C.S.

The knowledge and clinical skills I acquired through the CAPP program have influenced my clinical work with children in fundamental ways. It provides me with a basis on which to build.

-Phoebe Cirio, M.S.W.

Director

James Mikolajczak, M.D.

Faculty

Andrew Chirchirillo, Ph.D.

Gloria C. Debeljuk, M.D.,
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SAINT LOUIS
PSYCHOANALYTIC
INSTITUTE

Child & Adolescent Psychodynamic Psychotherapy Program

St. Louis Psychoanalytic Institute

CHILD & ADOLESCENT PSYCHODYNAMIC PSYCHOTHERAPY PROGRAM

THE PROGRAM

The Child and Adolescent Psychodynamic Psychotherapy Program is a two-year post-graduate program offering advanced training in child and adolescent psychotherapy.

COURSE DESCRIPTION

The program is designed to enhance psychotherapeutic skills and to provide a background in the psychodynamic principles that form the theoretical basis of clinical work. Classes meet for three hours on Tuesday evenings. Individual supervision is conducted weekly, and students will be assigned several supervisors over the two-year period.

COURSE WORK

During the program, students will progress along two tracks simultaneously: one theoretical, based on lectures and readings, and one clinical, consisting of case presentations and clinical discussions.

CURRICULUM

First Year

- Diagnostic Evaluation of Children and Adolescents
- Psychodynamic Principles of Mental Functioning
- Normal Child and Adolescent Development
- Childhood and Adolescent Psychopathology
- Clinical Case Presentation I-II

Second Year

- Therapeutic Process and Technique: Beginning Phase and Middle Phase
- Infant-Parent Psychotherapy
- Therapy of Pre-School Age Children
- Therapy of School Age Children
- Therapy of Adolescents
- Therapeutic Process and Technique: Termination Phase
- Clinical Case Presentation III-IV

ELIGIBILITY

The program is open to graduates of accredited programs in the helping professions who are currently working with children and/or adolescents and their families. For example, we accept applications from social workers, psychologists, child psychiatrists, psychiatric nurses, counselors, and therapists.

It is highly recommended that students themselves be involved in a psychotherapeutic experience that could range from psychotherapy to psychoanalysis. For those who qualify, the Institute will make every effort to provide opportunities for psychotherapy or psychoanalysis through its Herbert S. Schiele Treatment Clinic that operates on a sliding fee scale.

HOW TO APPLY

To request information about this Training program and an application, contact the Institute at (314)361-7075, x323 or csk@stlpi.org. There is an application fee of \$60. For direct inquiries please contact program director, James Mikolajczak at (314)726-1666.

Following submission of an application, there will be three personal/clinical interviews with faculty members. Applications are accepted and processed throughout the year.

TUITION

Currently, tuition is \$4,100.00 per year and is subject to change annually. Limited financial assistance is available through the generosity of the APP Alumni Association.